

### Neuro Warriors

Thank you to all who attended the session with Steve Peters to find out about our new whole-school movement programme, Neuro Warriors. We were so encouraged by the response from parents and carers who asked if their child was taking part and how they can support at home.

I will continue to share information with you about the programme and its impact, but initially, if you would like to support your child at home with their movement and activity levels, here are some easy ideas:

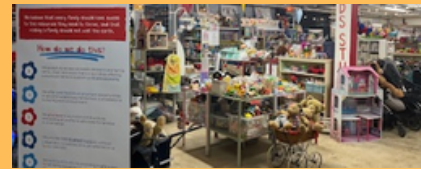
- Stand on one leg while brushing teeth, then switch
- March/skip/hop on the spot whilst waiting for dinner
- Make different movements on the way to school - skip, giant steps, tip toes



### The Long Table and Kids Stuff

Mrs Smith had the pleasure of joining the amazing team at the Long Table for their morning briefing this week, to find out about some of the fantastic support on offer for the community and build links with our school! We have already agreed to start sharing the produce from our Watermoor garden with the chefs who run the 'Pay as You Can' cafe and restaurant.

There are second-hand children's clothes, toys and equipment for sale at bargain prices in their Kids Stuff section. They also run a variety of free activities for families throughout the week; please see the leaflet attached.



### Vision Award

EYFS: Oscar

Year 1: Saffron

Year 2: Jacob

Year 3: Holly Z

Year 4: Ava

Year 5: Laura

Year 6: Hugo

### Values Award

EYFS: Enola

Year 1: Austin

Year 2: Zoe

Year 3: Poppy

Year 4: Noah

Year 5: Poppie

Year 6: Eona



### Save the Date

FOW school discos are taking place on Friday 21<sup>st</sup> November!

EYFS, Y1 and Y2: 4:15 - 5:15pm  
KS2: 5:30 - 6:30pm

We can't wait to get dancing!  
More details to follow.



### Absence Requests

We have a new form link for any families wishing to request that their child is absent from school. Please follow the link here:

<https://forms.office.com/e/OgT9PqNmK3>

Just 5 days away from school means a child misses:

- **10 playtimes**
- **5 maths lessons**
- **5 writing lessons**
- **5 stories**



### Upcoming Dates:

Fri 14th Nov: Children in Need

Friday 21<sup>st</sup> November: School Discos

Friday 28<sup>th</sup> November: INSET Day